



Shopping

Groceries can be purchased from Solomon's in Georgetown, the NAAFI shop at Traveller's Hill and JAMS shop in Two Boats village.

Souvenirs are available from various locations, including the Conservation Office, the Obsidian Hotel, the museum and A&P's Gift World in Georgetown. Please note that some of these have limited opening hours. Further information is available from the Tourist Office.

Eating and Drinking

Two Boats Club and the Saint's Club (Georgetown) are open most lunchtimes for food and drink.

For evening meals, book ahead at the Obsidian Hotel.

The Volcano Club snack bar also serves food most evenings (closed Sundays and Mondays) from 1700 to 2100.

The NAAFI snack bar at Traveller's Hill serves food Monday to Friday evenings from 1900 to 2215.



ASCENSION ISLAND

CODE OF CONDUCT

- Please take care whilst exploring to keep yourself safe and protect our island's biodiversity
- Many of our species are protected by the Wildlife Protection Ordinance - it is an offence to deliberately harm or remove them
- Respect all marine and plant life - look but don't touch
- Leave gates and property as you find them
- Do not create fire hazards
- Place all litter in the bins provided or take it home
- Only park vehicles in designated areas
- Apply high-factor sunscreen and take plenty of water
- Remember to let someone know where you are going and when you expect to be back
- The paths do not have guiderails in place and there are steep drops in many places so please take care and closely supervise children at all times
- Assess sea conditions before swimming and exercise caution - currents and swell can pose a real risk, even off beaches deemed relatively safe, and there are no lifeguards
- Dive responsibly - remember that there is no recompression chamber on Ascension. Stay well within your decompression limits

Useful contact numbers

Emergency Services: **999**

Conservation Office/Tourist Office: **66359**

Obsidian Hotel: **66246**

Museum: **66655**

Image Credits

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ASCENSION ISLAND



For more information contact:

Ascension Island Conservation Department/Tourist Office

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Tel (+247) 66359

Email conservationenquiries@ascension.gov.ac

Web www.ascension-island.gov.ac



ASCENSION ISLAND

WHAT TO SEE & DO ON ASCENSION ISLAND



WHAT TO SEE & DO ON ASCENSION ISLAND

Ascension Island was claimed by the British on 22 October 1815 and a garrison established to foil any attempts by the French to release Napoleon from his island prison on neighbouring St Helena. Today, Ascension is part of the British Overseas Territory of St Helena, Ascension and Tristan da Cunha. Situated in the middle of the South Atlantic Ocean, 1,600km from the coast of Africa and 2,250km from South America, it is also one of the remotest islands in the world.

Ascension may be small – just 91km² in fact – but it offers an abundance of natural wonders just waiting to be discovered. From spectacular marine life to world-renowned seabird breeding sites, from volcanic cones and lava fields to the lush tropical cloud forest of Green Mountain, with its endemic and introduced plant species, Ascension is a very special place.



Green Mountain

Green Mountain is home to a wide variety of the island's wildlife as well as to endemic plants and introduced flora; it also offers a great deal of historical interest. There are numerous walking paths to follow around the mountain, many of which offer stunning views of the island below.



Turtle watching

Turtles nest at many of Ascension's beaches from December to June, but the biggest and most easily accessible nesting site is Long Beach. The best way to see the turtles nesting and learn more about them is to take a turtle tour, run by our Conservation Department several evenings each week - pop in to the Conservation Office or call 66359 for details.

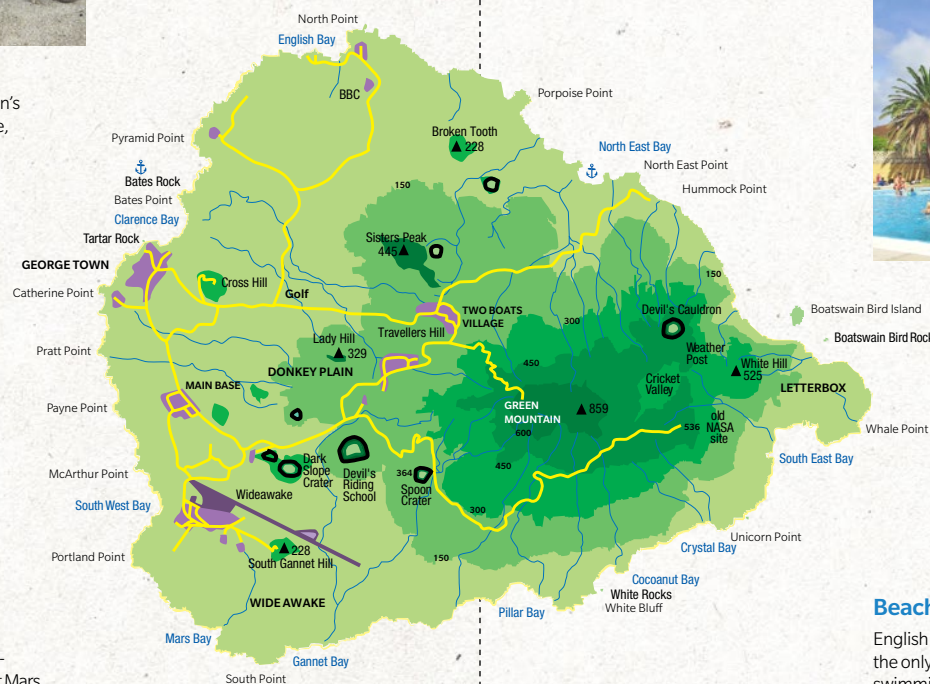
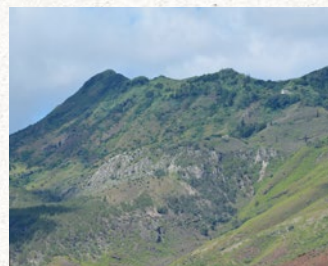


Bird watching

Ascension Island is rich in bird life - don't miss the Wideawake Fairs at Mars Bay when the sooty terns are nesting or a trip out to the Letterbox peninsula to see the frigatebirds. A boat trip to Boatswainbird Island can be arranged through the Conservation Office, with sufficient prior notice.

Walking

Ascension offers a wide range of walks for different levels of fitness, from the cool and green paths on Green Mountain to coastal paths and treks across lava flows. See the Letterbox Walks book and our leaflet of Green Mountain walks for more information (available from the Conservation Office) or let us organise a guided walk for you.



Heritage Museum

Situated below Fort Hayes in Georgetown. The Heritage museum is open on Saturdays 1000 to 1200 and Mondays 1700 to 1900.

Swimming

Swim at the saltwater pool in Georgetown or the chlorinated pool in Two Boats. Both are free to use. The 30m pool at Traveller's Hill has limited opening times and charges an entry fee. For up to date information contact the Tourist Office.



Beaches

English Bay and Comfortless Cove are the only beaches recommended for swimming (but assess sea conditions beforehand). Discover Ascension's stunning marine life by donning a mask and snorkel. Scuba divers can discover abundant marine life, wrecks and caves under the waves.

Fishing

Rock fishing, boat fishing and sport fishing are all popular activities. Contact the Tourist Office for further information about arranging a boat fishing trip. The AIFC shop in Georgetown sells fishing and diving gear.

